

Series: Psalm  
Title: Seven Thou Hast  
Text: Psalm 30: 1-12  
Date: November 2, 2017  
Place: SGBC, New Jersey

**Psalm 30: 1:** « A Psalm *and* Song *at* the dedication of the house of David. » I will extol thee, O LORD; for thou hast lifted me up, and hast not made my foes to rejoice over me. **2:** O LORD my God, I cried unto thee, and thou hast healed me. **3:** O LORD, thou hast brought up my soul from the grave: thou hast kept me alive, that I should not go down to the pit. **4:** Sing unto the LORD, O ye saints of his, and give thanks at the remembrance of his holiness. **5:** For his anger *endureth but* a moment; in his favour *is* life: weeping may endure for a night, but joy *cometh* in the morning. **6:** And in my prosperity I said, I shall never be moved. **7:** LORD, by thy favour thou hast made my mountain to stand strong: thou didst hide thy face, *and* I was troubled. **8:** I cried to thee, O LORD; and unto the LORD I made supplication. **9:** What profit *is there* in my blood, when I go down to the pit? Shall the dust praise thee? shall it declare thy truth? **10:** Hear, O LORD, and have mercy upon me: LORD, be thou my helper. **11:** Thou hast turned for me my mourning into dancing: thou hast put off my sackcloth, and girded me with gladness; **12:** To the end that *my* glory may sing praise to thee, and not be silent. O LORD my God, I will give thanks unto thee for ever.

The title says this is « A Psalm *and* Song *at* the dedication of the house of David. » When David's temple or house was raised, they held a dedication. The raising up of David's house and the dedication with this song praising God, directs us to the spiritual sense of this Psalm. The temple, or house of David, raised up is a type of the body of the Lord Jesus Christ raised from the dead and his people in him. (Turn to John 2)

John 2: 19: Jesus answered and said unto them, Destroy this temple, and in three days I will raise it up. 20: Then said the Jews, Forty and six years was this temple in building, and wilt thou rear it up in three days? 21: But he spake of the temple of his body. 22: When therefore he was risen from the dead, his disciples remembered that he had said this unto them; and they believed the scripture, and the word which Jesus had said.

So when we read this was the song *at* the dedication of the house of David—look to Christ raised up as David's house was raised.

Hebrews 8: 1: Now of the things which we have spoken *this is* the sum: We have such an high priest, who is set on the right hand of the throne of the Majesty in the heavens; 2: A minister of the sanctuary, and of the true tabernacle, which the Lord pitched, and not man.

So this Psalm *at* the dedication of the house of David—is a song of Christ—the Son of David—raised up from the dead and his people in him.

**Proposition:** There are seven uses of the phrase “Thou Hast” in this Psalm. These are seven things all God's elect have in and by Christ.

**Subject:** Seven Thou Hast

## SALVATION

**Psalm 30: 1:**...I will extol thee, O LORD; for thou hast lifted me up, and hast not made my foes to rejoice over me.

When Christ hung on the cross, every foe of his people, was made his foe: The devil and his self-righteous seed was his foe; the sin of his people was made his foe; the broken law of God became his foe; the wrath and justice of God himself became his foe; the weakness of human flesh became his foe; death and the grave became his foe and the second death became his foe.

Christ had no help, only the mighty weight of every foe, as he strove against sin, separated from God on the cross. Yet, he never ceased looking to God. His last words were, “*Father, into thy hands commend I my spirit.*” And then his body was laid in a tomb. What a mighty, conquering Substitute the Faithful One is!

But having paid all his people owed to the law and justice of God, as our faithful Father promised, God lifted him up from the grave and set him on high! “*thou hast lifted me up, and hast not made my foes to rejoice over me.*” When God lifted him up, declaring him triumphant over all his foes, God lifted all his elect up in him and declared us triumphant in him!

Believer, the devil and his self-righteous seed, our sin, the broken law of God, the wrath and justice of God himself, the weakness of our human flesh, death and the grave and the second death are defeated in Christ. Believer, you can say, “*God hast lifted me and not made my foes to rejoice over me.*”

When will a sinner like me extol and lift up God? When God made me believe that when God lifted up Christ, God lifted me up and made me triumph over all my foes in Christ!

## SANCTIFICATION

### **Psalm 30: 2: O LORD my God, I cried unto thee, and thou hast healed me.**

What did Christ cry to the LORD his God? He says in verse 8 *I cried to thee, O LORD; and unto the LORD I made supplication. 9 What profit is there in my blood, when I go down to the pit? Shall the dust praise thee? shall it declare thy truth? 10 Hear, O LORD, and have mercy upon me: LORD, be thou my helper.*

What a good plea! The blood of Christ is profitable because Christ everliveth as High Priest to make intercession for his people. It is Christ who promised to praise God and declare his truth in the great congregation: in his life,, in his death, in his resurrection, in his gospel and in his people. And so God heard him—“*thou hast healed me!*”

God raised Christ HEALED—HOLY—WHOLE! Christ our High Priest did not enter into the holiest bearing sin—but he entered perfectly holy and sanctified and without sin, with his own blood. We needed such a high priest to represent us in the holiest of holies in God’s presence.

Hebrews 7:26: For such an high priest became us, *who is* holy, harmless, undefiled, separate from sinners, and made higher than the heavens;

Under ceremonial law, the lamb was brought, made sin and slain. After that, the high priest went alone into the holy place—not with sin but with the blood of the lamb who died due to sin.

Hebrews 9: 11: But Christ being come an high priest of good things to come, by a greater and more perfect tabernacle, not made with hands, that is to say, not of this building; 12: Neither by the blood of goats and calves, but by his own blood he entered in once into the holy place, having obtained eternal redemption *for us.* 13: For if the blood of bulls and of goats, and the ashes of an heifer sprinkling the unclean, sanctifieth to the purifying of the flesh: 14: How much more shall the blood of Christ, who through the eternal Spirit offered himself without spot to God, purge your conscience from dead works to serve the living God?

Just as Christ entered into the holy place above and sprinkled his blood, he enters our hearts and heals us within in sanctification.

Hebrews 10: 14: For by one offering he hath perfected for ever them that are sanctified. 15: *Whereof* the Holy Ghost also is a witness to us: for after that he had said before, 16: This *is* the covenant that I will make with them after those days, saith the Lord, I will put my laws into their hearts, and in their minds will I write them; 17: And their sins and iniquities will I remember no more. 18: Now where remission of these *is*, *there is* no more offering for sin. 19: Having therefore, brethren, boldness to enter into the holiest by the blood of Jesus, 20: By a new and living way, which he hath consecrated for us, through the veil, that is to say, his flesh; 21: And *having* an high priest over the house of God; 22: Let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience, and our bodies washed with pure water.

When will Christ be made sanctification unto a sinner—when Christ has entered in and healed him in sanctification and made him know that Christ is our Sanctifier and our Sanctification—Christ is that holiness without which no man shall see the LORD.

## RESURRECTION

**Psalm 30: 3: O LORD, thou hast brought up my soul from the grave:**

When Christ arose from the dead, he arose to die no more. And so did all his people in him.

Romans 6: 9: Knowing that Christ being raised from the dead dieth no more; death hath no more dominion over him. 10: For in that he died, he died unto sin once: but in that he liveth, he liveth unto God. 11: Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord.

Ephesians 2: 4: But God, who is rich in mercy, for his great love wherewith he loved us, 5: Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;) 6: And hath raised *us* up together, and made *us* sit together in heavenly *places* in Christ Jesus: 7: That in the ages to come he might shew the exceeding riches of his grace in *his* kindness toward us through Christ Jesus.

And all who are resurrected in Christ's resurrection shall be resurrected in the new birth and in the last day.

1 Corinthians 15: 20: But now is Christ risen from the dead, *and* become the firstfruits of them that slept. 21: For since by man *came* death, by man *came* also the resurrection of the dead. 22 For as in Adam all die, even so in Christ shall all be made alive.

When Christ justified and sanctified his people, he put an end to death for his people.

1 Corinthians 15: 56: The sting of death *is* sin; and the strength of sin *is* the law. 57: But thanks *be* to God, which giveth us the victory through our Lord Jesus Christ.

Believer, if someone asks you what your hope is or what your gospel is, tell them God says to me *Colossians 3:3: for ye are dead, and your life is hid with Christ in God.*

## PRESERVATION

### **Psalm 30: 3...thou hast kept me alive, that I should not go down to the pit.**

Christ Jesus honored God and his law and therefore holy God had to preserve him alive and not let him go down to the pit forever!

Psalm 16: 10: For thou wilt not leave my soul in hell; neither wilt thou suffer thine Holy One to see corruption.

Brethren, God's holiness and righteousness demanded the preservation of the holy and righteous Lord Jesus Christ! It is God's own holiness and righteousness that is God's preserving power. Since we are holy and righteous in Christ, he shall keep all his people through faith in Christ.

1 Peter 1:5: Who are kept by the power of God through faith unto salvation ready to be revealed in the last time.

### **ESATABLISHMENT**

#### **Psalm 30: 7: LORD, by thy favour thou hast made my mountain to stand strong.**

God the Father is so pleased with his Son, the LORD Jesus our Righteousness at God's right hand cannot be moved!

Ephesians 1: 20...he raised him from the dead, and set him at his own right hand in the heavenly places, 21: Far above all principality, and power, and might, and dominion, and every name that is named, not only in this world, but also in that which is to come: 22: And hath put all things under his feet, and gave him to be the head over all things to the church,

Believer, the purpose of that passage is to declare the power with which God established his people in Christ at his right hand is the power with which God established Christ. Every believer can say that in and by Christ our Rock—*Ps 40:2: He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings.*

### **WORSHIP**

#### **Psalm 30: 11: Thou hast turned for me my mourning into dancing:**

Oh, the mighty price Christ paid to honor God and save his people—he mourned like none ever mourned.

Lamentaion 1: 12: *Is it* nothing to you, all ye that pass by? behold, and see if there be any sorrow like unto my sorrow, which is done unto me, wherewith the LORD hath afflicted *me* in the day of his fierce anger.

But now his mourning is turned into dancing. Dancing is praise and joy in God. That is true worship. He says that in verse 12, *“To the end that my glory may sing praise to thee, and not be silent. O LORD my God, I will give thanks unto thee for ever.”*

Ps 27:6: And now shall mine head be lifted up above mine enemies round about me: therefore will I offer in his tabernacle sacrifices of joy; I will sing, yea, I will sing praises unto the LORD.

Christ is even the preminent worshipper of God his Father. The Spirit of God tells us in Hebrews 2 that these Psalms of praise and joy are Christ worshipping the Father in our midst.

Hebrews 2: 11: For both he that sanctifieth and they who are sanctified *are* all of one: for which cause he is not ashamed to call them brethren, 12: Saying, [from Ps 22 and 40 and throughout the Ps] I will declare thy name unto my brethren, in the midst of the church will I sing praise unto thee.

Christ our sovereign Savior commands his people effectually in our hearts and turns our sorrow into joyful worship. He commands us in verse 4: *Sing unto the LORD, O ye saints of his, and give thanks at the remembrance of his holiness.* Worship the Lord! Give him thanks at the remembrance of saving us by his holiness.

Hosea 14: 2: Take with you words, and turn to the LORD: say unto him, Take away all iniquity, and receive us graciously: so will we render the calves of our lips.

Psalm 69: 30: I will praise the name of God with a song, and will magnify him with thanksgiving. 31: *This* also shall please the LORD better than an ox *or* bullock that hath horns and hoofs.

## STRENGTH

**Psalm 30: 11:...thou hast put off my sackcloth, and girded me with gladness;**

When God raised Christ, he put off the sackcloth of sin, shame and sorrow. Now he is girded with gladness. *Girded* signifies strength; *gladness* is strength.

Nehemiah 8:10: Then he said unto them, Go your way, eat the fat, and drink the sweet, and send portions unto them for whom nothing is prepared: for this day is holy unto our Lord: neither be ye sorry; for the joy of the LORD is your strength.

Christ is our Strength who is perfectly girded with joy and gladness in the Father—and he girds us with *gladness of strength*.

Isaiah 61:3: To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they might be called trees of righteousness, the planting of the LORD, that he might be glorified.

Isaiah 61:10: I will greatly rejoice in the LORD, my soul shall be joyful in my God; for he hath clothed me with the garments of salvation, he hath covered me with the robe of righteousness, as a bridegroom decketh himself with ornaments, and as a bride adorneth herself with her jewels.

Ephesians 6:14: Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

## LET ME SEND YOU HOME WITH ONE MORE WORD.

First, let us obey Christ. He says to his people—**Psalm 30: 4: Sing unto the LORD, O ye saints of his, and give thanks at the remembrance of his holiness.** The chief attribute of God is on display in this Psalm—God's holiness. Isaiah did not hear the angels cry "Love, love, love"—he heard them cry, "*Holy, Holy Holy, is the LORD of hosts: the whole earth is full of his glory.*" So you who have been sanctified and made holy in and by Christ, "*Sing unto the LORD, O ye saints of his, and give thanks at the remembrance of his holiness.*"

And as we behold Christ's suffering on the cross, followed by his eternal exaltation, always remember this—**Psalm 30: 5: For his anger endureth but a moment; in his favour is life: weeping may endure for a**

**night, but joy cometh in the morning.** Indeed, our present trials *endure but for a moment*. Afterward they yield peaceable fruit of righteousness—*joy cometh in the morning*—once the trial turns us to Christ our Holiness. This is *his favor*—his grace—and *in his favor is life*. But believer, even better than that, *his anger but for a moment and weeping for a night* are a beautiful illustration of the *everlasting day of light and joy we have because Christ endured the darkness of being forsaken in place of his people*. Compare verse 5 to what God says to Christ and what God says to us who are in Christ,

Isaiah 54: 7: For a small moment have I forsaken thee; but with great mercies will I gather thee. 8: In a little wrath I hid my face from thee for a moment; but with everlasting kindness will I have mercy on thee, saith the LORD thy Redeemer.

**Amen!**